A theory of randomness

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7 Data Accessibility

- 8 All data and subsequently the figures are generated by Matlab-scripts archived in a pub-
- ⁹ lication repository.
- ¹⁰ Ethics approval was not required

11 Abstract

¹² Consider a system described by a multi-dimensional state vector \mathbf{x} . The evolution ¹³ of \mathbf{x} is governed by a set of equations in the form of $dx/dt = F(\mathbf{x}(t))$. x is a compo-¹⁴ nent of \mathbf{x} . $F(\mathbf{x}(t))$, the differential forcing of x, is a deterministic function of \mathbf{x} . The so-¹⁵ lution of such a system often exhibits randomness, where the solution at one time is in-¹⁶ dependent of the solution at another more distant time. This study investigates the mech-¹⁷ anism responsible for such randomness. We do so by exploring the integral forcing of x, ¹⁸ $G_T(t) = \int_t^{t+T} F(\mathbf{x}(t')) dt'$, which links the solution at two distant times, t and t + T.

We show that, for a system in equilibrium, $G_T(t)$ can be expressed as $G_T(t) = c_T +$ 19 $d_T x(t) + f_T(t)$, which consists of (apart from the constant c_T) a dissipating component 20 $d_T x(t)$ with a negative d_T and a fluctuating component $f_T(t)$. This expression aligns with 21 the idea of the fluctuation-dissipation theorem that for a system in equilibrium, anything 22 that generates fluctuations must also damp the fluctuations. We show further that for 23 a sufficiently large value of T, $G_T(t)$ emerges as a unified forcing. This forcing has a dis-24 sipating component characterized by $d_T = -1$ and a fluctuating component that re-25 sembles a white noise. The evolution of x from time t to time t+T, which is described 26 by $x(t+T) = x(t) + G_T(t)$ nominally, is then described by $x(t+T) = c_T + f_T(t)$. This 27 evolution is random, since x(t+T) is independent of x(t). This evolution is also irre-28 versible, since the dissipating component of $G_T(t)$ cancels with x(t) little by little and 29 eventually completely by the time when $G_T(t)$ emerges and generates x(t+T). The uni-30 fied forcing results from interactions of x(t) with other components of x that are com-31 pleted during the forward integration over the time span [t, t+T). It represents a forc-32 ing that cannot be included in the differential forcing F. In general, randomness and ir-33 reversibility are inherent features of a multi-dimensional physical system in equilibrium. 34

35 1 Introduction

Many physical systems are governed by principles that can be expressed in terms of differential equations. In the case of a system with a multi-dimensional state vector \mathbf{x} , the evolution of \mathbf{x} is described by a set of differential equations, each taking the form:

$$\frac{\mathrm{d}x}{\mathrm{d}t} = F(\mathbf{x}(t)). \tag{1}$$

x is a component of x, which is a function of time t. The differential forcing $F(\mathbf{x}(t))$ is 36 a deterministic function of **x**. $F(\mathbf{x}(t))$ describes internal dynamics arising from interac-37 tions of x with other components of \mathbf{x} under the influence of some external forcings. Ex-38 amples of systems governed by equations in form of Eq.(1) include a climate model de-39 scribing the atmosphere and the ocean, and a many-particle system describing the move-40 ments of Brownian particles suspended in a fluid. A common feature observed from these 41 physical systems is the lack of serial correlations, where a solution at one time point is 42 uncorrelated to the solution at another more distant time point. A solution that lacks 43 serial correlation is commonly regarded as random. We identify this randomness as the 44 subject of this study. Under this definition of randomness, movements of a Brownian par-45 ticle are random; weather patterns are random. Random features are also found in many 46 other occasions. A prominent example in atmospheric sciences concerns time averages 47 of meteorological variables. These averages display variability similar to that of the sam-48 ple mean of a random variable, leading to the concept known as "climate noise" (Leith, 49 1973; Madden, 1976, 1981; Feldstein & Robinson, 1994; Feldstein, 2000). Despite evi-50 dent random behaviors found for classical physical systems, a theory of randomness is 51 still missing. 52

Instead, heuristic arguments are used to provide some explanations. Such arguments 53 often associate randomness with uncertainties. Two types of uncertainties are consid-54 ered in this context. The first one arises from our inability to precisely track the evo-55 lution of each individual degree of freedom in a system that has an exceedingly large num-56 ber of degrees of freedom. Brownian motion serves as a typical example, as it is chal-57 lenging to formulate and to solve the complete set of equations that describe all inter-58 actions between fluid molecules and Brownian particles. The standard approach, com-59 monly used to deal with noise and fluctuations in physical systems (MacDonald, 1962), 60 is to replace the original deterministic equations by ones that include stochastic forcing. 61

-3-

⁶² In case of Brownian motion, the original equations are replaced by Langevin-type equa-

63 tions.

Inspired by the statistical approach used for handling Brownian motion, Hasselmann proposed to describe climate variability using stochastic climate models (Hasselmann, 1976). These models are formulated for the slow components of \mathbf{x} . In line with the statistical treatment of slow Brownian particles embedded in fast fluid molecules, a stochastic climate model for a slow component x is written as

$$\frac{\mathrm{d}x}{\mathrm{d}t} = \overline{F} + \zeta. \tag{2}$$

⁶⁴ \overline{F} represents the slow dynamics of x and the averaged effect of the fast components of ⁶⁵ \mathbf{x} on x, with $\overline{(\cdot)}$ being an average over a time period longer than the timescale of the fast ⁶⁶ components but shorter than the timescale of x. ζ is a stochastic forcing used to describe ⁶⁷ the fluctuating effect arising from the fast components.

Statistical approaches are efficient in construing different variance-generation mech-68 anisms. In case of Hasselmann's stochastic climate model, a solution obtained by inte-69 grating Eq.(2) over time contains an integral of ζ over time, which is a random walk. The 70 variance of a random walk increases with increasing time. In order to obtain a station-71 arily varying solution from Eq.(2), \overline{F} must incorporate negative feedbacks (Hasselmann, 72 1976). Thus, variations generated by a stochastic climate model result from the joint ef-73 fect of random-walk and negative feedbacks. Statistical approaches can also be accurate 74 in describing random behaviors, if the stochastic forcing is carefully constructed to pos-75 sess specific properties. What statistical approaches do not explicitly address is the mech-76 anism responsible for the randomness in solutions of the considered system. 77

The other type of uncertainty arises from our inability to specify the exact initial 78 conditions from which the considered physical system starts to evolve with time. This 79 problem, first described by Lorenz (1963) and well-known to the numerical weather fore-80 cast community, is one of the key aspects studied by the dynamical systems theory. There, 81 the sensitivity to initial conditions is attributed to the chaos arising from non-linear dy-82 namics in a dynamical system. However, dynamical systems theory does not explicitly 83 deal with randomness. It is unclear whether and to what extent chaotic solutions are ran-84 dom. 85

Quite the contrary, both the statistical approaches for handling high-dimensional 86 systems and the investigation addressing the sensitivity to initial conditions implicitly 87 assume that a physical system is fundamentally deterministic. The situation is under-88 standable, since the uncertainties, which represent randomness, do not originate from 89 the deterministic dynamics. Instead, they result solely from external factors related to 90 our inability in tracking the exact solution or in specifying precise initial conditions. This 91 assumption about determinism is in obvious conflict with the randomness which we ex-92 perience from physical systems. 93

One step towards resolving this conflict is made by the finding that the determinism, as dictated by Eq. (1), breaks down under certain circumstances (von Storch, 2022). Given Eq. (1), the spectra of x and F, $\Gamma^{x}(\omega)$ and $\Gamma^{F}(\omega)$ where ω is frequency, are related to each other via

$$(2\pi\omega)^2 \Gamma^x(\omega) = \Gamma^F(\omega).$$
(3)

Eq.(3) seems to confirm the determinism that variations of x at any one frequency must be generated by the variations of F at the same frequency. This however cannot be true for a solution whose spectrum $\Gamma^{x}(\omega)$ is continuous and approaches a finite and non-zero $\Gamma^{x}(0)$ as $\omega \to 0$. Given a finite and non-zero $\Gamma^{x}(0)$, Eq.(3) requires that $\Gamma^{F}(\omega)$ must go to zero as $\omega \to 0$ so that $\Gamma^{F}(0) = 0$. Thus, at frequency $\omega = 0$, variations of x can not be generated by variations of F at this frequency.

Before elaborating the meaning of the just mentioned low-frequency shape of $\Gamma^{x}(\omega)$, 100 we point out that the determinism described by Eq.(3), which holds for all frequencies 101 except zero frequency, is the norm that can become more prominent in case when F con-102 tains a time-varying external forcing. The present paper does not question and is not 103 concerned with this determinism. To concentrate on internal dynamics, in which the ori-104 gin of randomness presumably lies, we will focus on physical systems that are *not* influ-105 enced by any time-varying external forcing. We cannot rule out the presence of constant 106 external forcings, as variations in a physical system, no matter random or determinis-107 tic, necessitate external power support. 108

Come back to the low-frequency shape of $\Gamma^{x}(\omega)$. That $\Gamma^{x}(\omega)$ is continuous and has finite and non-zero spectral value as $\omega \to 0$ describes nothing other than the manifestation of randomness in the solution of x. When defined as a Fourier cosine transform of auto-covariance function, the spectrum of a solution $\Gamma^{x}(\omega)$ only exists when the auto-

covariance function is absolutely summable. Upon existence, $\Gamma^{x}(\omega)$ must be continuous, 113 since a cosine function is continuous and since a Fourier cosine transform is a sum of weighted 114 cosine functions. The condition of absolute summability implies that the auto-covariance 115 function must decay to zero with increasing time lag. It is precisely this decay of auto-116 covariance function that diminishes serial correlation and makes a solution to appear ran-117 dom. It is also this decay of auto-covariance function that prohibits the solution of x to 118 be purely periodic. Auto-covariance function of a purely periodic solution, whose spec-119 trum consists of distinct spectral lines (Priestley, 1981), does not decay and retain its 120 magnitude as time lag increases. It is still this decay of auto-covariance function, that 121 allows $\Gamma^{x}(0)$, the value of $\Gamma^{x}(\omega)$ at $\omega = 0$, to be finite and non-zero. To see this, note 122 that being a Fourier cosine transform of an auto-covariance function and since the value 123 of a cosine function at the origin is one, $\Gamma^{x}(0)$ is identical to the sum over the auto-covariance 124 function at all time lags. Given that an auto-covariance function has a positive maxi-125 mum at lag zero, the sum of an auto-covariance function that decays with increasing time 126 lag can lead to a $\Gamma^{x}(0)$ that is not zero and finite. The same argument does not apply 127 to $\Gamma^{F}(0)$, since auto-covariance function of F consists of differences of auto-covariance 128 function of x because of Eq.(1) (von Storch, 2022). 129

The finite and non-zero low-frequency shape of $\Gamma^{x}(\omega)$ can be inferred from spec-130 tra of variables that are apparently random. Fig.1 shows a collection of such spectra. To 131 this end we note that while the deterministic influence of external forcing can be eas-132 ily controlled in a numerical experiment, achieving the same for the real climate is chal-133 lenging. The real climate is subjected to an external forcing, that has a non-zero mean 134 and varies with time. The real climate can hence reveal not only random behaviors re-135 sulting from internal dynamics (via e.g. instability and turbulence), but also determin-136 istic behaviors resulting from external forcing. The latter includes for example long-term 137 trends as responses to a slowly varying external forcing, and oscillations (e.g. annual cy-138 cle) as responses to a periodic external forcing. Thus, if we want to find from observa-139 tions spectra that are continuous and have finite and non-zero values at the lowest fre-140 quencies, we need to consider those variables whose variations are mainly generated by 141 internal dynamics, with the influence of external forcings being negligibly small relative 142 143 to that of these internal dynamics.

Fig.1a) shows a spectrum of a component x of a dry atmospheric model (James & James, 1989), generated by model's internal dynamics without influence of any time-varying

external forcing. Fig.1 b) shows spectra of sea level pressure derived from an atmospheric 146 reanalysis (Deser et al., 2012) (black lines). Fig.1 d) and e) show spectra of current ki-147 netic energy derived from instrumental records (Ferrari & Wunsch, 2009). We assume 148 that sea level pressure and ocean current are variables whose variations arise mainly from 149 internal dynamics. All these spectra reveal finite and non-zero values at the lowest re-150 solved frequencies. Finally, Fig.1c) shows the spectra derived from the Lorenz model (Lorenz, 151 1963), a model that does not contain any time-varying external forcing. In contrast to 152 the other spectra depicted in Fig. 1, which are merely *indicative* owing to the limited 153 duration of available observations and model solutions, the finite and non-zero low-frequency 154 shape of $\Gamma^{x}(\omega)$ can now be demonstrated asymptotically by considering longer and longer 155 Lorenz solutions (von Storch, 2022). We conclude that for a solution of a system gov-156 erned by a set of equations in form of Eq.(1), the apparent randomness is manifested in 157 the solution's spectrum that is continuous and has a finite and non-zero $\Gamma^{x}(0)$. This spec-158 tral feature enforces the breakdown of determinism at zero frequency, including the as-159 sociated asymptotic behavior towards the breakdown at near-zero frequencies. The break-160 down suggests that $\Gamma^{x}(0)$ has nothing to do with F, which is puzzling at first glance. 161

On further reflection, we notice that the randomness in x and the wholly determin-162 istic nature of F do not pertain to the same thing. Randomness in x is only evident when 163 a solution of x at time t is set in relation to the solution of x at a distant time t+T with 164 $T \neq 0$. A Brownian particle appears to move randomly because its velocity at time t 165 seems to be independent of its velocity at time t+T, where T is a time interval larger 166 than the reaction time of the human eye. F on the other hand tells us about the evo-167 lution tendency. Given F of the velocity of a Brownian particle at time t (which is a func-168 tion of the whole state vector \mathbf{x} describing the positions and velocities of all involved par-169 ticles and molecules at time t), the time rate of change of the velocity of the considered 170 particle is know exactly. Nothing is random. Thus, if we want to understand the mech-171 anism behind the randomness, we should shift to examining the integral forcing G_T , a 172 definite integral of $F(\mathbf{x}(t))$ over a time span of length T that drives the evolution from 173 x(t) to x(t+T). Studying G_T contrasts with the standard approaches that emphasize 174 solely the differential forcing F. 175

This paper explores the properties of $G_T(t)$. Following some preliminaries provided in Section 2, we show in Section 3 that G_T consists of a fluctuating and a dissipating components, in accordance with the fluctuation-dissipation theorem of Callen and Welton

-7-

(1951). This theorem was introduced to the realm of climate research by Leith (1975)

who showed how the theorem can be used to estimate climate responses to a changing

external forcing. We show that there exists a threshold such that for T larger than this

threshold, G_T emerges as a unified forcing. Section 4 describes the impacts of these prop-

- erties of G_T on the solution of x. Section 5 and 6 discuss two aspects that are essential
- for the dissipation represented by G_T . Conclusions are provided in Section 7.

185 **2** Preliminaries

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2.1 Continuous solutions

Consider a physical system, whose evolution is governed by a set of equations in form of Eq.(1). Suppose that this set of equations has a solution and the solution at time t is $\mathbf{x}(t)$. This solution is a function of continuous time, and referred to as a continuous solution. For component x of \mathbf{x} , its differential forcing $F(t) = F(\mathbf{x}(t))$ is also a function of continuous time. Its integral forcing $G_T(t)$ at time t is defined as the definite integral

$$G_T(t) = \int_t^{t+T} F(\mathbf{x}(t')) \, \mathrm{d}t', \quad \text{for } T \in \mathbb{R}_*,$$
(4)

where \mathbb{R}_* represents the non-negative part of the real axis. Being an integral of F which is a function of the full state vector \mathbf{x} , $G_T(t)$ can only be obtained after the whole system has been integrated over the interval [t, t+T). For T = 0, $G_T(t) = 0$. For T < 0, $G_T(t)$ is not defined.

Following Section 1 and throughout this paper, a solution of x, x(t), is deemed random when x(t) is independent of x(t+T) for any time t and for all T larger than a threshold. The evolution from x(t) to x(t+T) is determined by $G_T(t)$ defined in Eq.(4). To understand what makes x(t) independent of x(t+T), we explore properties of $G_T(t)$ for different values of T. We do so systematically by grouping the states at separated time points along a solution according to the time span that separates the time points. When setting the initial time of the solution at zero, such a group forms a series $\{x(iT)|i \in \mathbb{Z}_*\}$, where T denotes the length of the time span, x(iT) denotes the solution of x at time t = iT, and \mathbb{Z}_* is the set of non-negative integers. The integral forcing, which is responsible for the evolution from one member to the next in the series $\{x(iT)|i \in \mathbb{Z}_*\}$, constitutes the series $\{G_T(iT)|i \in \mathbb{Z}_*\}$, where $G_T(iT)$ is obtained by setting t = iT in Eq.(4). We have for any $T \in \mathbb{R}_*$

$$x(iT+T) = x(iT) + G_T(iT), \quad i \in \mathbb{Z}_*.$$
(5)

Both $\{x(iT)|i \in \mathbb{Z}_*\}$ and $\{G_T(iT)|i \in \mathbb{Z}_*\}$ are discrete series, with their members be-191 ing defined at discrete times t = iT with $i \in \mathbb{Z}_*$. 192

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2.2 Discrete solutions

For a real physical system, the set of governing equations in form of Eq.(1) often does not have analytical solutions, and must be solved numerically by discretizing the time axis using a time increment Δt . The resulting solutions are referred to as discrete solutions. A discretized version of Eq.(1) takes the form

$$x_{j+1} = x_j + F_j \Delta t. \tag{6}$$

Integer j counts the j-th time step at $t = j\Delta t$. x_j is a component of the solution \mathbf{x}_j at the *j*-th time step, and $F_j = F(\mathbf{x}_j)$. Following Eq.(4), the integral forcing of x at the k-th time step, $G_{\tau,k}$, is defined as the integral over F_j at τ time steps starting from the k-th time step:

$$G_{\tau,k} = \sum_{j=k}^{k+\tau-1} F_j \Delta t, \quad \tau \in \mathbb{Z}_+.$$
(7)

 \mathbb{Z}_+ is the set of positive integers. Similar to $G_T(t)$, $G_{\tau,k}$ can only be obtained by inte-194 grating the whole system forward in time. Different from G_T , which is a function of con-195 tinuous solution, G_{τ} is a function of discrete solution. G_{τ} is not defined for $\tau \leq 0$. 196

Again, to understand the behaviors of a solution at separated time steps, we explore the properties of $G_{\tau,k}$ for different values of τ . To do so, we group the states at separated time steps along a solution according to the number of time steps covering the separation. Setting again the initial time of a discrete solution at the origin, such a group forms a series $\{x_{i\tau} | i \in \mathbb{Z}_*\}$, where τ denotes the number of time steps covering the separation, and $x_{i\tau}$ is the solution at the $i\tau$ -th time step (i.e. at the $(i \times \tau)$ -th time step). The integral forcing, which is responsible for the evolution from one member to the next in the series $\{x_{i\tau}|i\in\mathbb{Z}_*\}$, constitutes the series $\{G_{\tau,i\tau}|i\in\mathbb{Z}_*\}$, where $G_{\tau,i\tau}$ is obtained by setting $k = i\tau$ in Eq.(7). We have for any value of $\tau \in \mathbb{Z}_+$,

$$x_{i\tau+\tau} = x_{i\tau} + G_{\tau,i\tau}, \quad i \in \mathbb{Z}_*.$$
(8)

We note that as a consequence of discretization, $G_{\tau,i\tau}$ is not defined for $\tau = 0$ and equals $F_i \Delta t$ for $\tau = 1$. Provided that Δt is reasonably small, we assume that the properties of G_{τ} can be considered as the properties of G_T . We describe these properties in term of G_{τ} , since they can only be verified when knowing the solution of \mathbf{x} , and since for systems of our interests, only discrete solutions are available.

3 Properties of integral forcing

Important for the consideration below is the condition of a physical system referred 203 to as equilibrium. This condition can be achieved under the influence of constant exter-204 nal forcings. For a multi-dimensional system, an equilibrium is generally not described 205 by a solution that is independent of time, but by a solution that varies stationarily with 206 time. If the external influences were kept constant forever, the solution would continue 207 to vary stationarily into infinite times. In case of a climate model, an equilibrium of the 208 model can be reached by integrating the model under constant external forcing condi-209 tions for some time (to allow the model to spin up). 210

Consider a multi-dimensional system in equilibrium. For *every* component x of the system's state vector \mathbf{x} , and for $any \tau \in \mathbb{Z}_+$, the properties of the integral forcing of $x, G_{\tau,i\tau} \in \{G_{\tau,i\tau} | i \in \mathbb{Z}_*\}$, are described by the following three postulates.

I $G_{\tau,i\tau}$ consists of, apart from a constant \hat{c}_{τ} , a dissipating component $\hat{d}_{\tau}x_{i\tau}$ and a fluctuating component $f_{\tau,i\tau}$, and can be written as

$$G_{\tau,i\tau} = \hat{c}_{\tau} + \hat{d}_{\tau} x_{i\tau} + f_{\tau,i\tau} \quad \text{for } \tau \in \mathbb{Z}_+.$$
(9)

 \hat{c}_{τ} and \hat{d}_{τ} are the intercept and the slope of the line obtained by regressing $G_{\tau,i\tau}$ against $x_{i\tau}$ using *n* pairs of $(x_{i\tau}, G_{\tau,i\tau})$ along a solution, where *n* is finite. $f_{\tau,i\tau}$, the residual not described by the regression line, is determined such that $G_{\tau,i\tau}$ in Eq.(9) is identical to $G_{\tau,i\tau}$ in Eq.(8) calculated from Eq.(7).

II The expression given in Eq.(9) is unique in the sense that it can be replaced by

$$G_{\tau,i\tau} = c_{\tau} + d_{\tau} x_{i\tau} + f_{\tau,i\tau} \quad \text{for } \tau \in \mathbb{Z}_+, \tag{10}$$

where

$$c_{\tau} = \lim_{n \to \infty} \hat{c}_{\tau}, \quad d_{\tau} = \lim_{n \to \infty} \hat{d}_{\tau}.$$
 (11)

Moreover, the dissipating and fluctuating components are related to each other via

$$\sigma_{f_{\tau}}^2 = \sigma_x^2 \Big(1 - (1 + d_{\tau})^2 \Big), \quad \text{for } d_{\tau} \in [-2, 0],$$
(12)

where $\sigma_{f_{\tau}}^2$ is the variance of the series $\{f_{\tau,i\tau} | i \in \mathbb{Z}_*\}$ and σ_x^2 is the variance of the series $\{x_{i\tau} | i \in \mathbb{Z}_*\}$. On the plane spanned by d_{τ} and $\sigma_{f_{\tau}}^2$ or the plane spanned by d_{τ} and $\sigma_{f_{\tau}}^2/\sigma_x^2$, Eq.(12) is a curve that has its maximum at the center where $d_{\tau} =$ -1 and is mirror symmetric about $d_{\tau} = -1$. Such a curve is referred to as a fluctuatingdissipating curve, or for short a fd-curve. III There exists a threshold τ_0 such that $G_{\tau,i\tau}$ with $\tau > \tau_0$ emerges as a unified forc-

ing consisting of a dissipating component characterized by $d_{\tau} = -1$, and a fluctuating component $f_{\tau,i\tau}$ that behaves like a white noise.

Postulate I, which is the basis of all postulates, adopts the idea behind the fluc-226 tuation - dissipation theorem (Callen & Welton, 1951) that for a system in equilibrium, 227 anything that generates fluctuations must also damp the fluctuations. In case of the Brow-228 nian motion, the collisions with fluid molecules make a Brownian particle to fluctuate. 229 At the same time, the collisions introduce a drag that damps the movement of the par-230 ticle. Postulate I says that for a system in equilibrium, G_{τ} always contains a dissipation, 231 independent of the value of τ and no matter which one of the components of x is con-232 sidered. Whether this is true is a priori not clear. 233

To verify these postulates, we need many long series $\{x_{i\tau}|i=1,2,\cdots\}$ and $\{G_{\tau,i\tau}|i=1,2,\cdots\}$ and $\{G_{\tau,i\tau}|i=1,2,\cdots\}$, for many different values of of τ . Despite the advance of computer technology, numerically deriving all these long series is still challenging for a high-dimensional system, such as a climate model or a Brownian system. We hence verify these postulates in terms of the Lorenz model (Lorenz, 1963). This model is multi-dimensional and possesses an equilibrium described by stationarily varying and seemingly random solutions.

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3.1 Verification of Postulate I

Formally, $G_{\tau,i\tau}$ can always be described by the expression given in Eq.(9) using a properly chosen $f_{\tau,i\tau}$. Since no conditions have been imposed on $f_{\tau,i\tau}$, apart from its existence, Postulate I is verified by showing that \hat{d}_{τ} is negative for all components of **x** and for all $\tau \ge 1$. Fig.2 shows for the three Lorenz components (magenta, blue and green) and for five values of τ that the regression line is indeed always tilted with a negative slope. The exact values of \hat{d}_{τ} are truncated to two digits after the dot and listed in the bottom left corner of each scatter diagram. Negative slopes are also found for all other considered values of τ , as shown by Fig.5.

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3.2 Verification of Postulate II

Postulate II is verified in terms of Fig.3 and Fig.4. Fig.3 shows for all three Lorenz components and for two different values of τ that \hat{c}_{τ} and \hat{d}_{τ} converge with increasing n, the number of data points $(x_{i\tau}, G_{\tau,i\tau})$ used for calculating the regression line. The convergences suggest that both $c_{\tau} = \lim_{n \to \infty} \hat{c}_n$ and $d_{\tau} = \lim_{n \to \infty} \hat{d}_n$ exist. $G_{\tau,i\tau}$ can hence be uniquely expressed in terms of Eq.(10). The notions \hat{c}_{τ} and \hat{d}_{τ} are still used, since everything we show are derived from a finite number of data points along a solution.

Fig.4 shows the *fd*-curves complemented by the variances of the three Lorenz components (black lines). For all three Lorenz components, the points $(\hat{d}_{\tau}, \hat{\sigma}_{f_{\tau}}^2)$ (magenta, blue, and green dots) are located right on the *fd*-curve $\sigma_{f_{\tau}}^2 = \sigma_x^2 \left(1 - (1 + d_{\tau})^2\right)$ (top); and the points with normalized variance, $(\hat{d}_{\tau}, \hat{\sigma}_{f_{\tau}}^2/\hat{\sigma}_x^2)$, are located right on the *fd*-curves $\sigma_{f_{\tau}}^2/\sigma_x^2 = \left(1 - (1 + d_{\tau})^2\right)$ (bottom). Thus, the relation between $\hat{\sigma}_{f_{\tau}}^2$ and \hat{d}_{τ} can be readily described by Eq.(12) for a large but finite *n*. Appendix B shows further how Eq.(12) emerges in the limit $n \to \infty$.

Regarding the points $(\hat{d}_{\tau}, \hat{\sigma}_{f_{\tau}}^2)$ or $(\hat{d}_{\tau}, \hat{\sigma}_{f_{\tau}}^2/\hat{\sigma}_x^2)$, there is a difference between the three 263 Lorenz components. As τ increases, the points of the first two Lorenz components (ma-264 genta and blue dots) move from the right end to the center of the fd-curve, and even-265 tually stay and remain to stay at the center of the curve. \hat{d}_{τ} strengthens monotonically 266 from zero to -1 with increasing τ , and equals -1 for τ larger than a threshold. For the 267 third Lorenz component, the points (green dots) move with increasing τ from the right 268 end of the curve toward the left, pass the center of the curve, and reach the most left 269 position at $\hat{d}_{\tau} > -2$. As τ further increases, they move backward toward the right, pass 270 the center of the curve, and reach the most right position at $\hat{d}_{\tau} < 0$. Thereafter, they 271 continue to move back and forth around the center of the fd-curve, with the far left and 272 the far right position reached becoming increasingly close to the center the fd-curve. As 273 a result, \hat{d}_{τ} strengthens from zero to -1 in a non-monotonic manner. 274

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3.3 Verification of Postulate III

Postulate III is verified by Fig.5 and Fig.6. The two figures show that for all three 276 Lorenz components, there exists a threshold τ_0 such that for $\tau > \tau_0$, $G_{\tau,i\tau}$ represents 277 a unified forcing. The phrase "unified" refers to the same type of $G_{\tau,i\tau}$, no matter which 278 component of x is considered, and independent of values of τ provided $\tau > \tau_0$. This 279 unified forcing contains a dissipating component that is characterized by $d_{\tau} = -1$ and 280 a fluctuating component whose auto-correlation function resembles that of a white noise. 281 The threshold τ_0 , beyond which the unified forcing is found, depends on the component 282 x considered. It is smaller for the first two Lorenz components (magenta and blue) than 283 for the third Lorenz component (green). 284

By definition, $G_{\tau,k}$ is the sum over F_j at τ time steps obtained when integrating 285 the whole system from time step k to time step $k + \tau - 1$. Before $G_{\tau,k}$ with $d_{\tau} = -1$ 286 is produced, the forward integration first produces $G_{1,k} = F_k \Delta t$, then $G_{2,k} = F_k \Delta t + F_k \Delta t$ 287 $F_{k+1}\Delta t$, and so forth, and eventually $G_{\tau,k} = \sum_{j=k}^{k+\tau-1} F_j\Delta t$. Thus, we should see a gen-288 eral strengthening of the dissipating component, characterized by an overall increase from 289 $|d_1|$, to $|d_2|$, and so forth, before the maximum characterized by $|d_{\tau}| = 1$ is reached. A 290 sign of this can already be seen from Fig.2, which shows a general strengthening of d_{τ} 291 with increasing value of τ (from top to bottom row in Fig.2). 292

For $\tau < \tau_0$, the way how the dissipating component of $G_{\tau,i\tau}$ strengthen with increasing τ is different for different Lorenz component. While the strengthening is monotonic for the first two Lorenz components, it is non-monotonic for the third Lorenz component. The former is characterized by the uni-dimensional movement of the $(\hat{d}_{\tau}, \hat{\sigma}_{f_{\tau}}^2)$ point along the fd-curve with increasing τ described before, which results in the magenta and blue lines in Fig.5. The latter is characterized by the back and forth swing of the $(\hat{d}_{\tau}, \hat{\sigma}_{f_{\tau}}^2)$ -point along the fd-curve, which results in the green lines in Fig.5.

$_{\scriptscriptstyle 300}$ 4 Impacts of integral forcing $G_{ au}$

The dissipation, that is associated with G_{τ} and characterized by d_{τ} , is the same between any two adjacent members in the series $\{x_{i\tau}|i \in \mathbb{Z}_*\}$. As such, it systematically weakens the link between $x_{i\tau}$ and $x_{i\tau+\tau}$, resulting in an auto-correlation function of x at lag τ , ρ_{τ} , whose magnitude is smaller than one. This relation between d_{τ} and ρ_{τ} (see Appendix C for its derivation) is described by

$$\rho_{\tau} = 1 + d_{\tau}, \quad \text{for } \tau \in \mathbb{Z}_+. \tag{13}$$

Although presented as an equality, ρ_{τ} should be regarded as the effect resulting from d_{τ} ,

since $x_{i\tau+\tau}$ that has a weaker link to $x_{i\tau}$ is generated by $G_{\tau,i\tau}$ that diminishes $x_{i\tau}$ by

the amount quantified by $|d_{\tau}|$.

For G_{τ} with $\tau > \tau_0$, $G_{\tau,i\tau} = c_{\tau} + d_{\tau}x_{i\tau} + f_{\tau,i\tau}$ is replaced by

$$G_{\tau,i\tau} = c_{\tau} - x_{i\tau} + f_{\tau,i\tau},\tag{14}$$

with $f_{\tau,i\tau}$ being a white-noise-like forcing. With Eq.(14), Eq.(8) reduces to

$$x_{i\tau+\tau} = c_{\tau} + f_{\tau,i\tau}.\tag{15}$$

 $x_{i\tau+\tau}$ becomes independent of $x_{i\tau}$, a behavior deemed as random in Section 1. We hence conclude that it is the integral forcing G_{τ} of x with $\tau > \tau_0$, that makes the solution of x to become random. Given Eq.(15), the variance of the series $\{x_{i\tau}|i \in \mathbb{Z}_*\}$, which equals also the variance of the series $\{x_j|j \in \mathbb{Z}_*\}$, becomes identical to the variance of $\{f_{\tau,i\tau}|i \in \mathbb{Z}_*\}$. $\mathbb{Z}_*\}$. Consequently, the ratio $r = \sigma_{f_{\tau}}^2/\sigma_x^2$ is identical to one, as shown in Fig.5b).

Furthermore, for any two adjacent members in the series $\{x_{i\tau}|i \in \mathbb{Z}_*\}$, it is im-309 possible to determining the past member $x_{i\tau}$ from the future member $x_{i\tau+\tau}$, despite of 310 Eq.(8). This is because as $G_{\tau,i\tau}$ with $\tau > \tau_0$ emerges through forward integration, the 311 dissipating component of $G_{\tau,i\tau}$ cancels with the past state $x_{i\tau}$ little by little and even-312 tually completely, before $x_{i\tau+\tau}$ is generated by the fluctuating component $f_{\tau,i\tau}$ of $G_{\tau,i\tau}$ 313 at time step $i\tau + \tau$. Consequently, $x_{i\tau}$ is independent of $f_{\tau,i\tau}$. This independence leads 314 to a parallelogram-like shape of the scatter obtained when regressing $G_{\tau,i\tau}$ against $x_{i\tau}$ 315 (two bottom rows of Fig.2). The evolution from $x_{i\tau}$ to $x_{i\tau+\tau}$ is not only random but also 316 irreversible. 317

The relation between two adjacent members in the series $\{x_{i\tau} | i \in \mathbb{Z}_*\}$ with $\tau > \tau_0$ is in striking contrast with the relation between x(t) and $x(t+\delta t)$ with an infinitesimal δt for a continuous solution, or the relation between x_k and x_{k+1} for a discrete solution. Given $F(\mathbf{x}(t))$, Eq.(1) is also valid when time is reversed. Given F_k , Eq.(6) can be integrated for a given past state x_k forward in time to predict the future state x_{k+1} , or integrated for a given future state x_{k+1} backward in time to predict the state member x_k . The evolution from x(t) to $x(t+\delta t)$ with an infinitesimal δt is reversible, so does the evolution of from x_k to x_{k+1} . The key to the reversibility is the differential forcing $F(\mathbf{x}(t))$, or F_k , which represents a forcing *rate* at a time instant. This stands in stark contrast to $G_{\tau,k}$, which is a forcing over a time span of non-zero length.

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5 Significance of passing of time

A further aspect that makes $G_{\tau,k}$ different from F concerns the dissipation repre-329 sented by G_{τ} , which should not be confused with the damping included in F. We refer 330 the latter as "damping" to distinguish it from the dissipation in G_{τ} . In the Lorenz model, 331 F contains a linear damping ax with a = -10, -1, and -8/3 for the three components re-332 spectively. The damping in F differs from the dissipation in G_{τ} . Being a differential forc-333 ing, the strength of the damping (i.e. a in the Lorenz model) represents a damping rate, 334 and has the unit of 1/[t], with [t] being the unit of time. Different from that, the dis-335 sipation in G_{τ} , which is characterized by d_{τ} , represents a portion of dissipation and is 336 dimensionless. More importantly, the damping in F_j is not associated with any specific 337 timescale, consistent with the fact that it represents a rate, whereas d_{τ} is associated with 338 one and only one timescale of length $\tau \Delta t$. d_{τ} represents the dissipation experienced by 339 an evolution of x from x_k to $x_{k+\tau}$ over τ time steps. 340

We further explore the difference between the damping in F and the dissipation 341 in G_{τ} using the Lorenz model. In this paper, the Lorenz model is solved using $\Delta t = 0.01$. 342 With this value of Δt , the damping within one time step, $a\Delta t$, equals -0.1, -0.01, and 343 -0.027 for the three Lorenz components, respectively. Here, we have disregarded the im-344 pact of the numerical scheme used for solving the discretized equations, which can af-345 fect the damping amount by a few percent. The values of $a\Delta t$ can be compared with the 346 dissipation experienced by x as x evolves from x_i to x_{i+1} over a time span of length Δt , 347 which is quantified by d_1 and listed in the first row of Fig.2. We find that the values of 348 $a\Delta t$ are much larger than the values of d_1 . 349

We further explore the difference between the damping in F and the dissipation in G_{τ} by considering the limit $\Delta t \to 0$. In this limit, Eq.(6) converges to Eq.(1), and d_1 converges to d_T with T = 0 defined for a continuous solution. Since for T = 0, $G_T(t) =$ $G_0(t) = 0$ for all $t \in \mathbb{R}_*$, d_T with T = 0 must also be zero. However, the fact that $d_1 \to 0$ in the limit $\Delta t \to 0$ does not make d_1 so different from the damping within

-15-

one time step, $a\Delta t$, since we have also $a\Delta t \to 0$ in the limit $\Delta t \to 0$. The difference between the damping in F and the dissipation in G_{τ} becomes only apparent when considering the rate of dissipation and the rate of damping. Fig.7 shows that $a\Delta t$ is proportional to $-\Delta t$, whereas d_1 is proportional to $-\Delta t^2$. Thus, the dissipation rate vanishes,

$$\lim_{\Delta t \to 0} \frac{d_1}{\Delta t} = 0, \tag{16}$$

whereas the damping rate

$$\lim_{\Delta t \to 0} \frac{a\Delta t}{\Delta t} = a \tag{17}$$

is generally not zero. Eq.(16) and Eq.(17) suggest that the damping in F and the dissipation in G_{τ} are two different things. The dissipation in G_{τ} cannot be included in Fas a forcing rate, since this rate vanishes exactly.

Given the link of d_{τ} to the specific timescale of length $\tau \Delta t$, we may interpret the 353 dissipation in $G_{\tau,k}$ as something that results from interactions of x_k with other compo-354 nents of x, that have taken place within a time span covering τ time steps starting from 355 the k-th time step. The length of the time span is $\tau \Delta t$. For $\tau = 1$ and when Δt goes 356 to zero, the length of the time span, $\tau \Delta t = \Delta t$, goes to zero. No interaction of x with 357 other components of x can complete within a time span of vanishing length. d_1 approaches 358 zero. On the other hand, increasing the value of τ for a given Δt increases the length 359 of time span $\tau \Delta t$. The larger the value of τ , the more interactions between x_k and other 360 components of x can take place within the time span extending from the k-th to the (k+361 τ -1)-th time step, the stronger is the dissipation resulting from these interactions. The 362 threshold τ_0 , beyond which G_{τ} equals the unified forcing, corresponds to the length of 363 the time span that starts from the k-th time step and encompasses all interactions, and 364 only these interactions, between x_k and other components of **x**. Further extending the 365 length of this time span (by increasing τ) allows more interactions to occur within the 366 time span. However the additional interactions no longer involve x_k at the k-th time step 367 and hence no longer contribute to the dissipation of x_k . 368

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Accepting the idea of the fluctuation - dissipation theorem that for a system in equilibrium, anything that generates fluctuations must also damp the fluctuations, this "anything" is manifested in actions that take place in form of interactions of x with other components of \mathbf{x} . Without the passing of time, these actions cannot be completed and the associated dissipation cannot take effect. The demand on the passing of time is in stark

-16-

 $_{374}$ contrast to the damping in F, which is a forcing rate needed to balance the rate of ex-

ternal forcing, and exists without the passing of time.

³⁷⁶ 6 Significance of multi-dimensionality

The interpretation of the timescale dependence of d_{τ} suggests that multi-dimensionality is a necessarily condition for G_{τ} to possess a dissipation that allows Postulate III to be valid, and with that a solution that is random. Even though we are unable to prove this assertion rigorously, we provide below some supporting evidences. We do so by considering two one-dimensional systems as counterexamples, for which Postulate III is not valid, and consequently whose solutions cannot be random.

The first example is the one-dimensional system $\frac{dx}{dt} = \beta$, where β is a constant. 383 This system has the analytical solution $x(t) = x_0 + \beta t$. The differential forcing of x 384 is β ; the integral forcing of x is $G_T(t) = \beta T$. For a given non-zero value of T, the re-385 gression slope d_T obtained from regressing $G_T(t)$ against x(t) is zero, since $G_T(t)$ is in-386 dependent of t, no matter whether β is positive or negative. With $d_T = 0$, $G_T(t)$ does 387 not contain a dissipating component. Postulate I is not valid. Without Postulate I, the 388 other two postulates, especially Postulate III, are meaningless. The solution $x(t) = x_0 + t_0$ 389 βt is always deterministic. 390

The second example is the one-dimensional cosine model, $\frac{dx}{dt} = \cos(2\pi t/P)$ with 391 period P. This model has the analytical solution $x(t) = x_0 + \frac{P}{2\pi} \sin(2\pi t/P)$. The dif-392 ferential forcing of x is $\cos(2\pi t/P)$; the integral forcing of x is $G_T(t) = \frac{P}{2\pi} (\sin(2\pi t/P))$ 393 T/P) – sin $(2\pi t/P)$). Fig.8 shows for six values of T and for t = iT and $i = 1, \dots, n$, 394 how $G_T(t)$ are scattered against x(t). Also shown are the regression line $G_T(iT) = c_T +$ 395 $d_T x_{iT} + f_{T,iT}$ for each value of T. In all six cases, the regression lines are tilted with 396 a slope $d_T < 0$, albeit d_T with a value of T that is close to a multiple of P (as in Fig.8a, 397 f) is close to zero and has to be listed as -0.00 when keeping only two digits after the point. 398 The negative slope is also found for T = P/4 (Fig.8d), for which the period of $G_T(iT)$ 399 is four and the regression line goes through only four pairs of $(x_{iT}, G_T(iT))$. Thus, the 400 integral forcing $G_T(iT)$ can also be decomposed into a dissipating and a fluctuating com-401 ponent for a periodic solution. Postulate I is valid for the cosine model. The idea that 402 for a system in equilibrium, anything that generates fluctuations must also dampen those 403

fluctuations, seems to apply universally to all types of stationarily varying solutions, regardless of whether they are periodic or non-periodic.

Postulate II is also valid for the cosine model. The points $(d_T, \sigma_{f_T}^2)$ (black dots in Fig.4), which can be calculated using the analytical expressions of $G_T(iT)$ and x(iT) with $i = 1, \dots, n$, are located right on the corresponding fd-curve, which is indicated by the orange line in Fig.4a) and collapses to the black line in Fig.4b). Thus, the dissipating and fluctuating component of the integral forcing of a periodic solution are also related to each other via Eq.(12).

The situation is different for Postulate III. The general strengthening of d_T with 412 increasing T, which in this example can only occur in a non-monotonic manner, cannot 413 be realized by the one-dimensional cosine model. d_T , which is a periodic function of T, 414 retains its overall strength with increasing T. The points $(d_T, \sigma_{f_F}^2)$ or (d_T, r_T) (black dots 415 in Fig.4) swing with increasing T from the right end (where $d_T = 0$) to the left end (where 416 $d_T = -2$) of the fd-curve and continue to swing with the same reach as T goes to in-417 finity. No threshold of T exists such that for T larger than this threshold, $G_T(t)$ reduces 418 to a forcing consisting of a dissipating component with $d_T = -1$ and a white-noise like 419 fluctuating component. Postulate III is not valid. The sinus solution at time t is always 420 related to the sinus solution at time t + T later, independent of the value of T. 421

422 7 Conclusions

Consider a system described by a multi-dimensional state vector \mathbf{x} , whose evolu-423 tion is governed by a set of equations in form of $dx/dt = F(\mathbf{x}(t))$ with x being a com-424 ponent of **x** and $F = F(\mathbf{x}(t))$ being a deterministic function of **x**. When solving such 425 a system at discrete time steps, the solution of x at a time step can become independent 426 of the solution of x at a later time step, a behavior deemed as random. This paper ex-427 amines how this randomness arises from internal dynamics represented by F. We do so 428 by exploring the properties of the integral forcing $G_{\tau,k}$, which equals the integral over 429 F at τ time steps starting from the k-th time step. $G_{\tau,k}$ is responsible for the evolution 430 of x from x_k to $x_{k+\tau}$. The following conclusions are drawn. 431

First, for a system in equilibrium, the integral forcing $G_{\tau,k}$ consists of (apart from a constant c_{τ}) a dissipating component $d_{\tau}x_k$ with $d_{\tau} < 0$ and a fluctuating component $f_{\tau,k}$, and can be expressed as $G_{\tau,k} = c_{\tau} + d_{\tau}x_k + f_{\tau,k}$. This expression is in accordance

-18-

with the idea behind the fluctuation - dissipation theorem that for a system in equilibrium, anything that generates fluctuations must also damp the fluctuations. The two components of $G_{\tau,k}$ are related to each other following the rule described by the *fd*-curve. There exists a threshold τ_0 such that $G_{\tau,k}$ with $\tau > \tau_0$ emerges as a unified forcing. The dissipating component of this forcing is characterized by $d_{\tau} = -1$, and the fluctuating component of this forcing behaves like a white noise, independent of τ , as long as $\tau >$ τ_0 , and no matter which component of **x** is considered.

Second, for $\tau > \tau_0$, the state $x_{k+\tau}$, which is nominally produced by $G_{\tau,k}$ via $x_{k+\tau} =$ 442 $x_k+G_{\tau,k}$, equals then $x_{k+\tau}=c_{\tau}+f_{\tau,k}$, with $f_{\tau,k}$ being a white-noise-like forcing. The 443 series $\{x_{i\tau}|i\in\mathbb{Z}_*\}$ becomes random, since any one member in the series is independent 444 of any other member of the series. This series is also irreversible, since a member $x_{i\tau}$ is 445 little by little canceled by the dissipation that emerges as soon as the system is integrated 446 forward in time. By the time when the system is integrated over τ time steps to allow 447 the emergence of $G_{\tau,i\tau}$, $x_{i\tau}$ is completely canceled by the dissipating component of $G_{\tau,i\tau}$. 448 $x_{i\tau+\tau}$ is generated by the fluctuating forcing of $G_{\tau,i\tau}$, which is independent of $x_{i\tau}$. 449

Third, while the damping in F_j represents a typically non-zero damping rate needed 450 for counterbalancing the rate of external forcing, the dissipation in $G_{\tau,k}$ arises from ac-451 tions completed over a time span of non-zero length. More precisely, these actions are 452 interactions of x_k with other components of **x** completed during the time span extend-453 ing from time step k to time step $k+\tau-1$. The number of these interactions inevitably 454 goes to zero when the length of the time span goes to zero. It reaches a maximum, when 455 the length of the time span equals τ_0 time steps. Since the completion of these actions 456 requires the passing of time, the resulting dissipation cannot be included in the differ-457 ential forcing F. 458

Finally, being arising from interactions among components of **x**, randomness is a peculiar feature of a multi-dimensional system. The solution of a one-dimensional system cannot be random.

The above conclusions are drawn based on the integral forcing numerically obtained from the Lorenz's 1963 model. Verifying them for high-dimensional systems requires great computational efforts. By suggesting that G_{τ} consists of a dissipating and a fluctuating component, we link the mechanism responsible for the emergence of randomness with the fluctuation-dissipation theorem known in statistical physics. By demonstrating that

-19-

- the dissipation in G_{τ} cannot be included in F but emerges as soon as the system is in-
- tegrated forward in time, we identify the mechanism as resulting from interactions com-
- 469 pleted within a time span of non-zero length. When further verified, the idea behind the
- 470 fluctuation and dissipation theorem should be considered as *generally* valid for multi-
- 471 dimensional systems that are in equilibrium and governed by differential equations in
- 472 form of dx/dt = F.

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Figure 1. Spectra of a) a spherical harmonic coefficient simulated by an atmospheric model (James & James, 1989), b) zonally averaged SLP difference representing the Southern Annular Mode from the NCEP/NCAR reanalysis (solid black) and from models (gray) (Deser et al., 2012), c) the three components of the Lorenz's 1963 model (von Storch, 2022), d) and e) current kinetic energy from instrumental records in the North Atlantic at 500 m and in the South Pacific at 1000m (Ferrari & Wunsch, 2009). Using detrended time series (dashed black line in b) can be considered as a way to eliminate the influence from external forcings



Figure 2. Scatter diagrams of $G_{\tau,i\tau}$ against $x_{i\tau}$ (dots) and the respective regression lines $G_{\tau,i\tau} = \hat{c}_{\tau} + \hat{d}_{\tau}x_{i\tau}$ (black lines) for five values of τ (listed on the far left) and for the three Lorenz components (magenta, blue, green), as derived from $n = 10^6$ pairs of $(x_{i\tau}, G_{\tau,i\tau})$. $\hat{c}_{\tau}, \hat{d}_{\tau}$, and $\hat{\sigma}_{f_{\tau}}^2$ are calculated following Eq.(A1) - Eq.(A4) in Appendix A. Numbers listed in each scatter diagram are values of \hat{d}_{τ} and $\hat{r} = \hat{\sigma}_{f_{\tau}}^2/\hat{\sigma}_x^2$, where $\hat{\sigma}_{f_{\tau}}^2$ is the variance of $\{f_{\tau,i\tau} | i = 1, \dots, n\}$ and $\hat{\sigma}_x^2$ is the variance of $\{x_{i\tau} | i = 1, \dots, n\}$. Points $(x_{i\tau}, G_{\tau,i\tau})$ are collected along a stationary Lorenz solution. A stationary Lorenz solution is obtained by first integrating the Lorenz model from an arbitrary initial state for a sufficiently long time. The integration is done using a Runge Kutta scheme with a time step of 0.01. -24-



Figure 3. \hat{c}_{τ} (top) and \hat{d}_{τ} (bottom) for $\tau = 2$ (left) and $\tau = 10000$ (right) and for the three Lorenz components (magenta, blue and green) as functions of n, the number of pairs $(x_{i\tau}, G_{\tau,i\tau})$ used for their calculations. The calculation is carried out using an increment in n that equals one for $1 \le n \le 500$ and equals 20 for $500 \le n \le 10000$.



Figure 4. $\sigma_{f_{\tau}}^2 = \sigma_x^2(1 - (1 + d_{\tau})^2)$ (top) and $\sigma_{f_{\tau}}^2/\sigma_x^2 = (1 - (1 + d_{\tau})^2)$ (bottom), with σ_x^2 being set to the variance of each of the three Lorenz components (black lines) and to the variance of the solution of $dx/dt = cos(2\pi t/P)$ with period P = 200 (orange line). The latter equals $P^2/(8\pi^2) = 506.61$. Colored dots are points $(\hat{d}_{\tau}, \hat{\sigma}_{f_{\tau}}^2)$ (top) and points $(\hat{d}_{\tau}, \hat{\sigma}_{f_{\tau}}^2/\hat{\sigma}_{x_{\tau}}^2)$ (bottom) with $\tau = 1, \cdots, 1000$, each obtained using $n = 10^6$ pairs of $(x_{i\tau}, G_{\tau,i})$ along a stationary Lorenz solution, with the colors (magenta, blue, and green) indicating the Lorenz components. Black dots are points $(d_T, \sigma_{f_T}^2)$ with $T = 1, 2, \cdots, P$, obtained from $(x(iT), G_T(iT))$ with $i = 1, \cdots, 5P$. Both x(iT) and $G_T(iT)$ are calculated using the analytical expressions obtained from the cosine model. d_T and $\sigma_{f_T}^2$ are calculated using the regression defined in the same way as for the discrete solution. -26-



Figure 5. \hat{d}_{τ} and $\hat{\sigma}_{f_{\tau}}^2$ as functions of τ , derived using $n = 10^5$ pairs of $(x_{i\tau}, G_{\tau,i\tau})$ along a stationary Lorenz solution. \hat{d}_{τ} and $\hat{\sigma}_{f_{\tau}}^2$ obtained from the first two Lorenz components (magenta, blue), which overlay each other, converge with increasing τ faster than those obtained from the third component (green). The calculation is done using an increment in τ that equals 10 for $1 \leq \tau \leq 1001$ and equals 200 for $\tau > 1001$.



Figure 6. Auto-correlation function $\overline{\hat{f}_{\tau,i\tau}\hat{f}_{\tau,(i+k)\tau}}^n$ of fluctuating component $\hat{f}_{\tau,i\tau}$, defined as $1/n\sum_{i=1}^n \hat{f}_{\tau,i\tau}\hat{f}_{\tau,(i+k)\tau}$, for six values of τ , obtained for the three Lorenz components (magenta, blue, green) using $n = 10^6$ data points along a stationary Lorenz solution. $\overline{\hat{f}_{\tau,i\tau}\hat{f}_{\tau,(i+k)\tau}}^n$ is a function of k. The smallest non-zero time lag resolved by $\overline{\hat{f}_{\tau,i\tau}\hat{f}_{\tau,(i+k)\tau}}^n$ is obtained for k = 1, corresponding to a time lag of τ time steps.



Figure 7. Dissipation associated with integral forcing G_1 (i.e. G_{τ} with $\tau = 1$, solid lines) and damping amount due to differential forcing F (dashed lines) as functions of time increment Δt , for the three Lorenz components (magenta, blue, and green). The dissipation associated with G_1 is quantified by \hat{d}_1 . For a given value of Δt , \hat{d}_1 is the regression slope obtained by regressing $G_{1,i}$ against x_i using $(x_i, G_{1,i})$ with $i = 1, \dots, 10^6$ along a Lorenz solution computed with this Δt . The damping amount due to F is quantified by $\tilde{a}\Delta t$, where \tilde{a} is the proportionality factor of the linear damping in the discretized Lorenz model. The values of \tilde{a} differ slightly from a = -10, -1, -8/3 given in the Lorenz model. The difference results from the numerical scheme used, which is the fourth order Runge-Kutta scheme in this study. The two black lines are proportional to $-\Delta t$ and $-\Delta t^2$, respectively.



Figure 8. Same as Fig.2, but for the cosine model $dx/dt = \cos(2\pi t/P)$ with period P = 200for six different values of T. Dots are the points $(x(t), G_T(t))$ with t = iT, $i = 0, 1, \dots, n$, and $n = 10^3$. They overlap when the periods of $(x(iT), G_T(iT))$, which vary with T, are shorter than n. Lines are regressions $G_T(iT) = c_T + d_T x(iT)$ obtained from the n points. Numbers listed are values of d_T and $r = \sigma_{f_T}^2/\sigma_x^2$ with $\sigma_x^2 = P^2/(8\pi^2)$. Note that if T is a multiple of P/2, we have $G_{T,iT} = 0$. Different from Fig.2, the symbol $\hat{}$ is dropped, since for n that is a multiple of P, c_T , $d_T, \sigma_{f_T}^2$ and σ_x^2 do not change with increasing n.

Appendix A Calculation of intercept $c_{ au}$, regression slope $d_{ au}$ and residual $f_{ au,i au}$

This appendix shows how the intercept c_{τ} , the regression slope d_{τ} , and the residual $f_{\tau,i\tau}$ (or the fluctuating component of $G_{\tau,i\tau}$) and its variance $\sigma_{f_{\tau}}^2$ are calculated. Since Eq.(9) represents a regression of $G_{\tau,i\tau}$ against $x_{\tau,i}$, we use the known result of least squared fitting and define

$$\hat{c}_{\tau} \equiv \frac{\left(\sum_{i=1}^{n} G_{\tau,i\tau}\right)\left(\sum_{i=1}^{n} x_{i\tau}^{2}\right) - \left(\sum_{i=1}^{n} x_{i\tau}\right)\left(\sum_{i=1}^{n} x_{i\tau}G_{\tau,i\tau}\right)}{n\left(\sum_{i=1}^{n} x_{i\tau}^{2}\right) - \left(\sum_{i=1}^{n} x_{i\tau}\right)^{2}}$$
(A1)

$$\hat{d}_{\tau} \equiv \frac{n(\sum_{i=1}^{n} x_{i\tau} G_{\tau,i\tau}) - (\sum_{i=1}^{n} x_{i\tau})(\sum_{i=1}^{n} G_{\tau,i\tau})}{n(\sum_{i=1}^{n} x_{i\tau}^2) - (\sum_{i=1}^{n} x_{i\tau})^2}.$$
(A2)

Given \hat{c}_{τ} and \hat{d}_{τ} , $f_{\tau,i\tau}$ is defines as

$$\hat{f}_{\tau,i\tau} \equiv G_{\tau,i\tau} - \hat{c}_{\tau} - \hat{d}_{\tau} x_{i\tau},\tag{A3}$$

with variance

$$\hat{\sigma}_{f_{\tau}}^2 \equiv \frac{1}{n} \sum_{i=1}^n \hat{f}_{\tau,i\tau}^2.$$
(A4)

We use $\hat{}$ to distinguish quantities obtained from a finite number n of data points from quantities obtained in the limit $n \to \infty$:

$$c_{\tau} = \lim_{n \to \infty} \hat{c}_{\tau},\tag{A5}$$

$$d_{\tau} = \lim_{n \to \infty} \hat{d}_{\tau},\tag{A6}$$

$$\sigma_{f_{\tau}}^2 \equiv \lim_{n \to \infty} \hat{\sigma}_{f_{\tau}}^2 \tag{A7}$$

and

$$f_{\tau,i\tau} = G_{\tau,i\tau} - c_{\tau} - d_{\tau} x_{i\tau}.$$
 (A8)

For the Lorenz model, \hat{c}_{τ} and \hat{d}_{τ} (Fig.3) and $\hat{\sigma}_{f_{\tau}}^2$ (not shown) converge with increasing value of n.

-31-

528 Appendix B Derivation of the fd-curve

This appendix derives the fd-curve that describes the relation between the dissipating and fluctuating component of an integral forcing $G_{\tau,i\tau}$ with $\tau \in \mathbb{Z}_+$. We start from expressing $G_{\tau,i\tau}$ in terms of intercept \hat{c}_{τ} , regression slope \hat{d}_{τ} and residual $\hat{f}_{\tau,i}$, defined using n data points along a solution, with n being finite, and proceed further by considering the limit $n \to \infty$.

For $\tau \in \mathbb{Z}_+$, we rewrite Eq.(8) using Eq.(A3) as

$$x_{(i+1)\tau} = x_{i\tau} + G_{\tau,i\tau} = \hat{c}_{\tau} + (1 + \hat{d}_{\tau})x_{i\tau} + \hat{f}_{\tau,i\tau}, \quad \text{for } \tau \in \mathbb{Z}_+.$$
(B1)

We define the mean and the variance of the series $\{x_{i\tau} | i = 1, \cdots, n\}$ by

$$\hat{\mu}_{x_{\tau}} \equiv \frac{1}{n} \sum_{i=1}^{n} x_{i\tau},\tag{B2}$$

$$\hat{\sigma}_{x_{\tau}}^2 \equiv \frac{1}{n} \sum_{i=1}^n (x_{i\tau} - \hat{\mu}_{x_{\tau}})^2,$$
(B3)

and the mean of $\{\hat{f}_{\tau,i\tau}|i=1,\cdots,n\}$ by

$$\hat{\mu}_{f_{\tau}} \equiv \frac{1}{n} \sum_{i=1}^{n} \hat{f}_{\tau,i\tau},\tag{B4}$$

and the covariance between $\hat{f}_{\tau,i\tau}$ and $x_{i\tau}$ by

$$\overline{\hat{f}_{\tau,i\tau}x}^{n} = \frac{1}{n} \sum_{i=1}^{n} \hat{f}_{\tau,i\tau}(x_{i\tau} - \hat{\mu}_{x_{\tau}}),$$
(B5)

where

$$\overline{(\cdot)}^n \equiv \frac{1}{n} \sum_{i=1}^n (\cdot).$$
(B6)

Rearranging Eq.(B1) by expressing $x_{(i+1)\tau}$ in terms of $x_{(i+1)\tau} - \hat{\mu}_{x_{\tau}}$ and $x_{i\tau}$ in terms of $x_{i\tau} - \hat{\mu}_{x_{\tau}}$ through adding and subtracting $\hat{\mu}_{x_{\tau}}$, we find,

$$x_{(i+1)\tau} - \hat{\mu}_{x_{\tau}} = \hat{c}_{\tau} + \hat{d}_{\tau}\hat{\mu}_{x_{\tau}} + (1 + \hat{d}_{\tau})(x_{i\tau} - \hat{\mu}_{x_{\tau}}) + \hat{f}_{\tau,i\tau}, \quad \text{for } \tau \in \mathbb{Z}_{+}.$$
 (B7)

Squaring Eq.(B7) and applying $\overline{(\cdot)}^n$ to the result, we obtain after making use of $\overline{x_{i\tau} - \hat{\mu}_{x_{\tau}}}^n = 0$,

$$\overline{(x_{(i+1)\tau} - \hat{\mu}_{x_{\tau}})^2}^n - (1 + \hat{d}_{\tau})^2 \ \hat{\sigma}_{x_{\tau}}^2 = \hat{\sigma}_{f_{\tau}}^2 + A_1 + A_2 + A_3 \tag{B8}$$

with

$$A_1 = (\hat{c}_\tau + \hat{d}_\tau \hat{\mu}_{x_\tau})^2 \tag{B9}$$

$$A_2 = 2(\hat{c}_{\tau} + \hat{\mu}_{x_{\tau}} \hat{d}_{\tau}) \hat{\mu}_{f_{\tau}}$$
(B10)

$$A_3 = 2(1+\hat{d}_\tau)\overline{\hat{f}_{\tau,i\tau}x}^n. \tag{B11}$$

For a sufficiently large n, $\overline{(x_{(i+1)\tau} - \hat{\mu}_{x\tau})^2}^n$ is well approximated by $\overline{(x_{i\tau} - \hat{\mu}_{x\tau})^2}^n = \hat{\sigma}_{x_\tau}^2$. Eq.(B8) reduces to

$$\left(1 - (1 + \hat{d}_{\tau})^2\right)\hat{\sigma}_{x_{\tau}}^2 = \hat{\sigma}_{f_{\tau}}^2 + A_1 + A_2 + A_3 \tag{B12}$$

Fig.B1 shows for the three Lorenz components and for $\tau = 2$ and $\tau = 5000$ respectively, how the three A-terms defined in Eq.(B9)-Eq.(B11) evolve with increasing number n of data points used for their calculations. A_1 and A_2 (first two rows) converge fast to zero with increasing n. A_3 (bottom panel) is numerically not distinguishable from zero for all considered values of n. Similar behaviors are found for other values of τ , including $\tau = 1$. The three A-terms in Eq.(B12) can hence be considered to be zero for $\tau \in \mathbb{Z}_+$ for sufficiently large value of n. In the limit $n \to \infty$, Eq.(B12) can, after making use of Eq.(A7) and

$$\sigma_x^2 = \lim_{n \to \infty} \hat{\sigma}_{x_\tau}^2,\tag{B13}$$

be rewritten as

$$\sigma_{f_{\tau}}^2 = \sigma_x^2 \Big(1 - (1 + d_{\tau})^2 \Big). \tag{B14}$$

That the limit Eq.(B13) is independent of τ can be easily demonstrated numerically.



Figure B1. A_1 (top), A_2 (middle), and A_3 (bottom) as functions of n, derived for the three Lorenz components (magenta, blue and green) and for $\tau = 2$ (left) and $\tau = 5000$ (right). n is the number of consecutive data points along a stationary solution used to calculate A_1 , A_2 and A_3 .

535 Appendix C Derivation of the relation between $ho_{ au}$ and $d_{ au}$

This appendix establishes the relation between auto-correlation function ρ_{τ} of xand d_{τ} associated with the integral forcing G_{τ} of x. For $\tau \in \mathbb{Z}_+$, ρ_{τ} and the respective covariance function γ_{τ} are defined by

$$\rho_{\tau}\sigma_x^2 = \gamma_{\tau} \equiv \lim_{n \to \infty} \overline{(x_{(i+1)\tau} - \hat{\mu}_{x_{\tau}})(x_{i\tau} - \hat{\mu}_{x_{\tau}})}^n \tag{C1}$$

where $\hat{\mu}_{x_{\tau}}$ is defined in Eq.(B2). Multiplying Eq.(B7) by $(x_{i\tau} - \hat{\mu}_{x_{\tau}})$ and applying $\overline{(\cdot)}^n$ (for its definition, see Eq.(B6)) to the result yields

$$\overline{(x_{(i+1)\tau} - \hat{\mu}_{x_{\tau}})(x_{i\tau} - \hat{\mu}_{x_{\tau}})}^n = (1 + \hat{d}_{\tau})\hat{\sigma}_{x_{\tau}}^2 + \overline{\hat{f}_{\tau,i\tau}x}^n,$$
(C2)

where the equality $\overline{x_{i\tau} - \hat{\mu}_{x_{\tau}}}^n = 0$ is used. Since $\overline{\hat{f}_{\tau,i\tau}x}^n$ can be shown to be numerically not distinguishable from zero, similar to A_3 discussed in Appendix B, we can set $\overline{\hat{f}_{\tau,i\tau}x}^n$ to zero. In the limit $n \to \infty$, Eq.(C2) reduces then, after making use of Eq.(B13), to

$$\rho_{\tau} = (1 + d_{\tau}). \tag{C3}$$