

To-Do's in case of COVID-19 infection or suspected infection

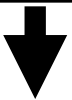
Case 1

Positive test for coronavirus (Covid19)
or
Severe/Distinct COVID-19 symptoms
or
High risk contact(1st degree¹) AND symptoms
or
Corona App indicates high risk contact AND symptoms



DO NOT ENTER THE INSTITUTE!

If symptoms occur at work, leave the institute immediately
Consult health authority :
<https://tools.rki.de/PLZTool/en-GB/>
or doctor via phone or hotline 116117
Contact supervisor:
- Which case (e.g. positive test, severe symptoms...)?
- Consent to the transfer of data Yes/No



Follow instructions of doctor/health authority !

If no instructions are given:
- Stay in domestic quarantine. You may only return to the institute 10 days after receiving the test result/symptom onset and only if symptom-free for 48h.
- Keep a symptom diary
- Inform 1st/2nd degree contacts¹ (to reduce contacts)

Case 2

Corona App indicates high risk and NO symptoms
or
High risk contact(1st degree¹) and NO symptoms



DO NOT ENTER THE INSTITUTE!

Contact your supervisor
Consult health authority:
<https://tools.rki.de/PLZTool/en-GB/>
or Hotline 116117



- Stay in domestic quarantine/work from home office for 14 days from the day of contact
- Follow doctor's instructions
- Avoid contacts
- Contact supervisor in case of positive test/symptoms. ▶ See case 1

Case 3

Sick with any of the following symptoms:
cough, increased temperature or fever,
shortness of breath, loss of sense of smell/taste, cold, sore throat, headache and aching limbs, general weakness



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Contact doctor via phone or hotline 116117
Contact your supervisor



- Follow doctor's instructions (sick note)
- or
- Work from home office in agreement with your supervisor
- Keep symptom diary
- Avoid contacts

To-do's for the employee:

Actions:

Contact classification and symptoms

Sources: Robert Koch Institute, WHO

